

Early Spring Walkabout

Even if the calendar says it is spring, some of you may still have snow on the ground. Go for a walk around your neighborhood with your family. As you walk, follow the directions for each activity below:



Play Knock, Knock: As you pass a neighbor's front door on your walk, be the first to shout its color. For example, if you see a blue door, shout, "Knock, Knock, the door is blue!" See how many different colors you can find.*

Follow the Tracks! When snow is on the ground, it is easy to see people and animal tracks in the snow. Depending upon where you live, you might see dog, cat, deer, bird, squirrel, mice, or people tracks. How many can you find?



I Spy! Choose a letter of the alphabet. Let's say you choose L. You would look for things on your walk that begin with L. You would say, "I spy a light." Or "I spy a leaf." Each person who plays has to choose a different letter of the alphabet.*

Hop, Skip, and Jump! As you are walking, try hopping on one foot four times. Next, skip six times. Finally, jump up and down as many times as you can. Be sure to do this on the side of the road when no cars are coming.



Pick Up Sticks! When the wind blows, trees lose some of their branches. Some are big, but others are small. Pick up a stick and use it like a pencil. Draw a picture or write your name in the snowbank or on the snow in your yard. Do it in big enough so others can see what you have done.*

Wave a Hello! As it gets nicer outside, more people will be out walking or working in their yards. Wave and shout a friendly hello from the street! Hopefully they will wave back to you!



*Ideas taken from [Never Get Bored Outdoors](#) by James Maclaine, Usborne Publishing. A great book if you are looking for more outdoor activities to do with your children.